

**BORDERS ALCOHOL AND DRUGS PARTNERSHIP (ADP)**

**DELIVERY PLAN 2015-2018**

**UPDATE FOR CPP STRATEGIC BOARD**

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**1 September 2016**

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## 1 Introduction

This Delivery Plan is informed by the ADP 5 year 2015-20 strategy<sup>1</sup> which was developed in consultation with key stakeholders including service users, colleagues and young people. It builds on the work done in Borders by the ADP, services and wider stakeholders.

The ADP Strategy 2015-20 lists four key strategic aims and specific actions associated with the aims:

1. Reducing prevalence of alcohol and drug use by 5% by 2020 through prevention and early intervention
2. Reducing alcohol and drugs related harm to children and young people
3. Improving recovery outcomes for service users and reduce number of deaths from accidental drug use to fewer than 4 or less per year by 2020
4. Strengthening partnerships and governance structures

The Strategy also lists six recommendations for action within its first year.

This Delivery Plan structure is based on guidance from the Scottish Government and we are grateful for the help received in its development. It outlines progress and work planned in relation to Government and ADP priorities before providing a performance framework based on the key aims from our Strategy and Core ADP Outcomes.

This short paper provides an update on:

- ADP Strategy Priorities for 2015-16 with a RAG status
- Key actions to support the strategic aims. Those actions which are not complete have a short commentary attached

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<sup>1</sup> Borders ADP Strategy 2015-2020, [www.badp.scot.nhs.uk](http://www.badp.scot.nhs.uk)

## 2 ADP Strategy Priorities for 2015-16

	<b>ADP Strategy Priorities for Year 1</b>	<b>Commentary</b>	<b>RAG Status</b>
2.1	Develop a communication plan for stakeholders and the wider public with appropriate messages re: alcohol and drugs and services available	This has been developed and delivered. Highlights: successful development and dissemination of ADP Bulletin (twice yearly). Update of ADP website.	G
2.2	Work with partners to facilitate joint learning and practice development across children and adult alcohol and drugs setting to increase understanding of the potential impacts and risks of recovery on families and children	This has not been delivered. Conversations have taken place with social work colleagues and this is now in planning for Autumn 2016.	A
2.3	Implement a model to support young people to build skills and knowledge relating to alcohol and drugs	<p>Action for Children continues to support children and young people and the Safer Communities Team work programmes on Crucial Crew and Safe T. In addition the service offered dedicated support in response to identified need including the Wilton Centre, Jedburgh Grammar School, Tweeddale Youth Action.</p> <p>NPS training has been scheduled to allow teaching staff to attend.</p> <p>New resources have been issued to high schools and a webpage developed on Glow (education intranet) with supporting information.</p> <p>Substance misuse education continues to be delivered by schools in accordance with Curriculum for Excellence and colleagues in education are progressing an update to the alcohol and drugs policy.</p>	A

2.4	Explore potential increased links with staff engaging with Looked After and Accommodation Children	<p>On discussion with the Looked After Nurse there were no immediate actions arising.</p> <p>Action for Children has supported staff in Wheatland and delivered programmes to children and young people.</p> <p>Children and Families Social Work is represented on the ADP Executive Group and can readily raise any concerns or issues.</p>	G
2.5	Increase post treatment recovery opportunities	<p>Significant progress has been made on this indicator with weekly music groups, Hawick drop-in, Galashiels Recovery Life Cafe.</p> <p>AWTP traineeship provided for one individual.</p>	G
2.6	Ensure involvement of alcohol and drugs services with community justice.	<p>Addaction continues to support Reconnect Women's Group. Borders Addiction Service have also supported this work.</p>	G

### 3 Key actions to support strategic aims

Some actions are reflected in the Annual Report submitted to Scottish Government for approval at the CPP Strategic Board on 8 September 2016. Those actions are in *italic* as are those described in section 1 above.

#### 3.1 Strategic Aim 1: Reducing prevalence of alcohol and drug use in adults by 5% by 2020 through prevention and early intervention

	Actions	Status
1	Continue to deliver the ABI delivery target in priority settings and implement ABI's in new social work settings of Integrated Children's Services, Adult Health and Social Care and Learning Disabilities in 2015-16.	In progress*
*commentary: ABI training was delivered to staff in children and families social work and adult health and social care. This was aligned to the Personal Assessment training. Further work is required to enable recording		
2	Deploy a Development Officer (Communities) to seek community views relating to alcohol in order to develop and deliver a local action plan.	Complete
3	<i>Produce and deliver a Communication Plan for stakeholders and the wider public (see 2.1 above)</i>	<i>Complete</i>
4	Review NHS Borders and Scottish Borders alcohol and drugs policies and seek to raise awareness of alcohol in the workplace.	In progress
<b>Commentary:</b> Completed for NHS Borders, Scottish Borders Council policy to be progressed		
5	Continue to support the Local Licensing Forum (LLF) which oversees operation of licensing legislation by the Licensing Board. During 2015-16 we will work in partnership with the chair of the LLF and Alcohol Focus Scotland to ensure delivery of development sessions to increase skills and knowledge within the LLF.	Complete
6	Produce an annual Alcohol Profile for Scottish Borders.	In progress
<b>Commentary:</b> to be produced December 2016		

7	Support work arising from Integrated Care Fund relating to health improvement in older people.	<i>On hold</i>
<b>Commentary:</b> This was intended to support an ICF bid which has not been progressed.		
8	Work with the Alcohol and Drugs Tasking and Co-ordinating Committee (ADTAC) to deliver regular Responsible Drinking campaigns and initiatives. During 2015-2016 we will train licensees and staff working at Rugby Sevens and Borders Festival events in the 'Who Are You' initiative which aims to prevent alcohol related sexual violence.	Complete

### 3.2 Strategic Aim 2: Reducing alcohol and drugs related harm to children and young people

	<b>Actions</b>	<b>Status</b>
1	<i>Providing learning opportunities for children's social work services and adult alcohol and drugs services to increase understanding of the impact of recovery on families and children (see 2.2 above)</i>	<i>In progress</i>
2	Develop information sharing protocols between the Children and Families Service and Social Work.	Complete
3	Work with Education and Lifelong Learning Children and Young People's Services colleagues to develop an online resource for teaching staff and staff and volunteers in young people's settings to ensure ready access to up to date reputable information.	In progress
<b>Commentary:</b> a page in Glow has been set-up with links to reputable sites and resources. This is not readily used by staff in youth settings.		
4	<i>Develop and deliver a programme of CPD opportunities for staff and volunteers in above settings to increase their confidence in delivery of substance misuse education and responding to young people affected (see 2.3 above)</i>	<i>In progress</i>
5	<i>Review ADP links with Looked After and Accommodated Children (see 2.4 above).</i>	Complete

6	Work with the Borders Carers' Centre to deliver a Family/Carers engagement event to help shape our response to Carers and Families.	Not achieved
<p><b>Commentary:</b> Joint work was undertaken with the Carers' Centre and Addaction to plan an event. There was limited interest in the event and therefore it did not take place. We are negotiating with Scottish Families Affected by Alcohol and Drugs to seek support for a different approach.</p>		

### 3.3 Strategic Aim 3: Improve recovery outcomes for service users and reduce number of deaths from accidental drug use to fewer than four per year by 2020

	Actions	Status
1	Provide joint learning opportunities for gender based violence services and alcohol and drugs services to support joint working.	Complete
2	<i>Work with service providers and service users to support implementation of post-treatment recovery opportunities based on the localities within which alcohol and drugs teams are working. See 2.5 above)</i>	<i>In progress</i>
3	Work with the Scottish Recovery Consortium to plan a further Recovery Conversation Cafe for 2016/17.	Deleted
<p><b>Commentary:</b> this work has been superseded by recovery activities and scheduled service user involvement supported by peer researchers.</p>		
4	Respond to the local Mental Health Needs Assessment to ensure that any issues relevant to DRD/ co-morbidity (i.e. substance use and mental health issues) are addressed by our Workforce Development Sub-Group.	In progress
<p><b>Commentary:</b> a local Mental Health strategy is being developed which will include relevant actions for ADP partners</p>		

5	Deliver training in overdose prevention and risk factors for Drug Related Deaths (DRD).	Complete
6	Ensure all ADP training includes briefing on DRD.	Complete
7	Improve use of data relating to non-fatal OD by working with Police colleagues to understand and support addressing of risk factors.	Complete
8	Identify suitable additional areas for emergency Naloxone.	In progress
<b>Commentary:</b> this is available in Police Custody suites but only in the presence of on-site health staff. This will be pursued nationally.		
9	Implement THN Training and supply in pharmacy.	Complete
10	Implement regular reviews re THN with service users e.g. at discharge.	Complete
11	Make proactive contact with bereaved families.	Complete

### 3.4 Strategic Aim 4: Strengthening partnerships and governance structures

	Actions	Status
1	Ensuring that outcomes relating to alcohol and drugs are reflected in local community/criminal justice plan.	In progress
<b>Commentary:</b> the local plan is in the process of development		
2	Quarterly performance and financial report to ADP Executive Group.	Complete

3	Delivery of Workforce Development Plan including violence against women/alcohol and drugs staff practice development and a managers' session to support ROSC implementation.	Complete
4	A minimum of six monthly contract monitoring meetings with commissioned services.	Complete
5	Embed the Quality Principles by using the findings of our Service User Survey to identify and address areas for improvement.	In progress
<b>Commentary:</b> the survey and improvement areas are complete. Embedding the quality principles is an ongoing piece of work which is taken forward by the Quality Principles Sub-group		
6	Increase the number of alcohol and drugs clients accessing independent advocacy support.	In progress
<b>Commentary:</b> the advocacy service has met with the alcohol and drugs services, however, this has not translated into additional referrals		
7	Aim to reduce the number of DNA's for first and subsequent appointments in commissioned services.	In progress
<b>Commentary:</b> there is a target in place for 2018		
8	Meet the local 95% three week waiting target for alcohol and drugs treatment services.	Achieved 2015-16
9	Confirm targets for outcome measures for adult services to align with Star and Drug & Alcohol Information System (DAISy )	Post 2017

#### 4 Conclusion

Significant progress has been made against the key actions within the ADP Delivery Plan.